

Join Boys Water Polo



NEW POOL
opening this
summer!

Important Information About Season

- Parent Meeting, Registration, & Equipment Purchase: June or July
- Fall Sport: Begins August 12, 2024 - before school starts!
- *No cut sport; learn valuable water skills*

Summer Camp @ FVHS

- Starts July 8, 2024 from 6am-8am; afternoons TBD
- Ends August 9, 2024
- Summer Games: TBD; dates are set closer to Summer's start
- **Items to Bring:** Swim suit, goggles, weight room clothes
- **To Do:** Online Athletic Clearance Profile, Physical, & Emergency Card
- **How to Join:** *Filling out Clearance Profile (selecting water polo as sport) will reserve a spot in camp*
- **Cost:** \$240

Contact: Coach Kyle Adama
kadama@hbuhsd.edu

Join Girls Water Polo



NEW POOL
opening this
summer!

Important Information About Season

- Parent Meeting, Registration, & Equipment Purchase: October
- Fall Sport: Season Begins November 18, 2024
- Ends early February
- *No cut sport; learn valuable water skills*

Summer Camp @ FVHS

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Contact: Coach Kyle Adama
kadama@hbuhd.edu

FOUNTAIN VALLEY HIGH SCHOOL

BASKETBALL CAMP



INCLUDES SHIRT,
BASKETBALL
JERSEY,
AND GAMES

Incoming Freshman

JULY 1 - 19

Fountain Valley Gym

CAMP COST: \$275

CHECKS MADE OUT TO: FOUNTAIN VALLEY HIGH SCHOOL

July 1-3 1:00-3:00; July 8 - 19 8:00-10:00am

More Information: E-mail: bmholmes@hbuhd.edu



2024

BOYS' SOCCER SUMMER CAMP

When: August 5 - 15 MONDAY-THURSDAY

Time: Monday-Thursday (Returners) 7:30AM - 9:00AM
Monday-Thursday(Freshman) 9:00AM -10:30AM

Where: FVHS Soccer/track turf field

COST: \$275.00

***Payment due no later than June 1st - *No refunds!**

***Mail payments to 18918 Persimmon St. FV CA 92708**

For more information please contact Jason Smith:

Cell: 714-403-9014 Email: jsmith@hbuhsd.edu

***All participants will get a summer camp shirt.**

Join us at the 2024

FVHS Boys Volleyball Summer Camp

[Click the link to Register](#)



7/15-7/18: 10-11:30am

7/22-7/25: 1:30pm-3:00pm

Boys Tryouts: 07/25

INCOMING FRESHMEN/ RETURNERS
PARTICIPANTS MUST COMPLETE THE
FOLLOWING IN ORDER TO ATTEND:
-CREATE A PROFILE ON HOMECAMPUS.COM
-HAVE A CURRENT PHYSICAL
-COMPLETE IMPACT/ CUNCUSSION TEST
INFO FOUND AT FVATHLETICS.COM

CONTACT: RCHELTENHAM@HBUHSD.EDU
IF YOU HAVE ANY QUESTIONS

CAMP FEE: \$250



FOUNTAIN VALLEY HIGH SCHOOL

BADMINTON

SUMMER CAMP



Where: FVHS Gym
Cost: \$120
Check made out to
FVHS

JULY 1-3; 8-12 10:00-1:00
JULY 15-26 6:30-9:30PM

FOR INFORMATION

HEAD COACH
REMYNGOC PHAN

rphan@hbuhsd.edu

SUMMER BASEBALL CAMP

F.V. BARON BASEBALL

**AGES:
FUTURE 9TH GRADERS**

**DATES:
CAMP #1 MAY 28TH TO MAY 31ST (TUESDAY – FRIDAY)
CAMP #2 JUNE 4TH TO JUNE 7TH (TUESDAY – FRIDAY)
TIME: 4:30 PM TO 7:00 PM**

**LOCATION:
- VARSITY BASEBALL FIELD.**

**COST: \$150 EACH WEEK OR \$275 FOR BOTH WEEKS
(INCLUDES T SHIRT/HAT).**

PLEASE EMAIL COACH GONZALEZ AT:
luckygonzo13@aol.com



FVHS SUMMER TENNIS CAMP APPLICATION 2024

Name: _____ Grade: _____ Id # _____

Circle one: Boy or Girl Adult T-Shirt Size: _____

Student Cell # _____

Father Cell #: _____

Mother Cell #: _____

Parent email: _____

Student email: _____

Parents Names:

Father: _____ **Mother:** _____

Please list any medical conditions and notes for coach:

Fees: **\$ 150/week** (If you are paying weekly) **Daily \$ 45**

***** 5 Weeks \$ 750, 6 weeks \$ 850, 7 weeks \$ 950**

***** Payment must be paid in full to get discounts*****

Please make checks payable to **FVHS**, memo: Write Your id # and week #

Camp Option 1: GIRLS @ 3-430 PM and BOYS @ 430-6 PM

Camp Option 2: Please circle the days/weeks for which you are going to attend:

Week 1: July 1– July 5 (**No Camp on 4th of July**). M T W F _____

Week 2: July 8 – 11 M T W TH _____

Week 3: July 15 – 18 M T W TH _____

Week 4: July 22 – 25 M T W TH _____

Week 5: July 29 – Aug 1 M T W TH _____

Week 6: Aug 5 – Aug 8 M T W TH _____

Week 7: Aug 12 – Aug 15 M T W TH _____

Payment Type: Weekly: _____ Check: _____ Cash: _____

Field Hockey

Summer Camp



Pre-Camp (New Players):
July 1 - July 3, 9 am - 11 am
*Free

Camp (All Players):
July 8th - 12th 9 am - 11 am
July 15th - 19th 9 am - 11 am
July 19th, Beach Party
*New Players \$50
**Returning \$115



**Location: FVHS
Track/Turf Field**

What is Field Hockey

The best way to describe field hockey is soccer with a stick and a baseball-sized hard plastic ball. Since most people haven't played or even heard of field hockey before high school, everyone starts at the beginning. It's a great opportunity to play a high school sport, make new friends, and have tons of fun. Freshman can begin high school with a foot in the door before the first day of school. Come and give it a try.

The team is waiting for you.

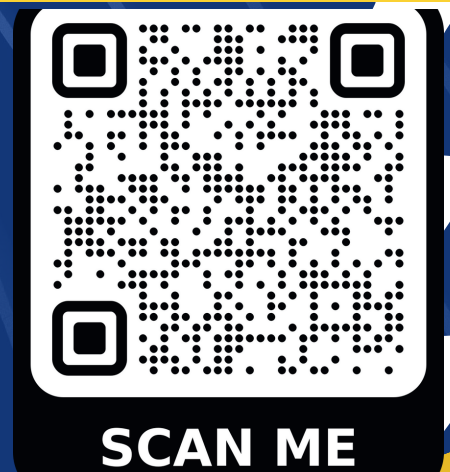


@girlsfieldhockeyfvhs



<https://shorturl.at/bgGS2>

Scan QR Code for Registration



SCAN ME



Coach: mesquer@hbusd.edu



Boosters: fieldhockeyfvhs@gmail.com

FVHS GIRLS FLAG FOOTBALL CAMP



JOIN US FOR 2024 SUMMER CAMP

EARLY BIRD PRICING

Open to all FVHS students

Grades 9-12

Register by May 31st



JULY 8-25

Mon | Tue | Wed | Thu

8:30-10:30am | \$125**

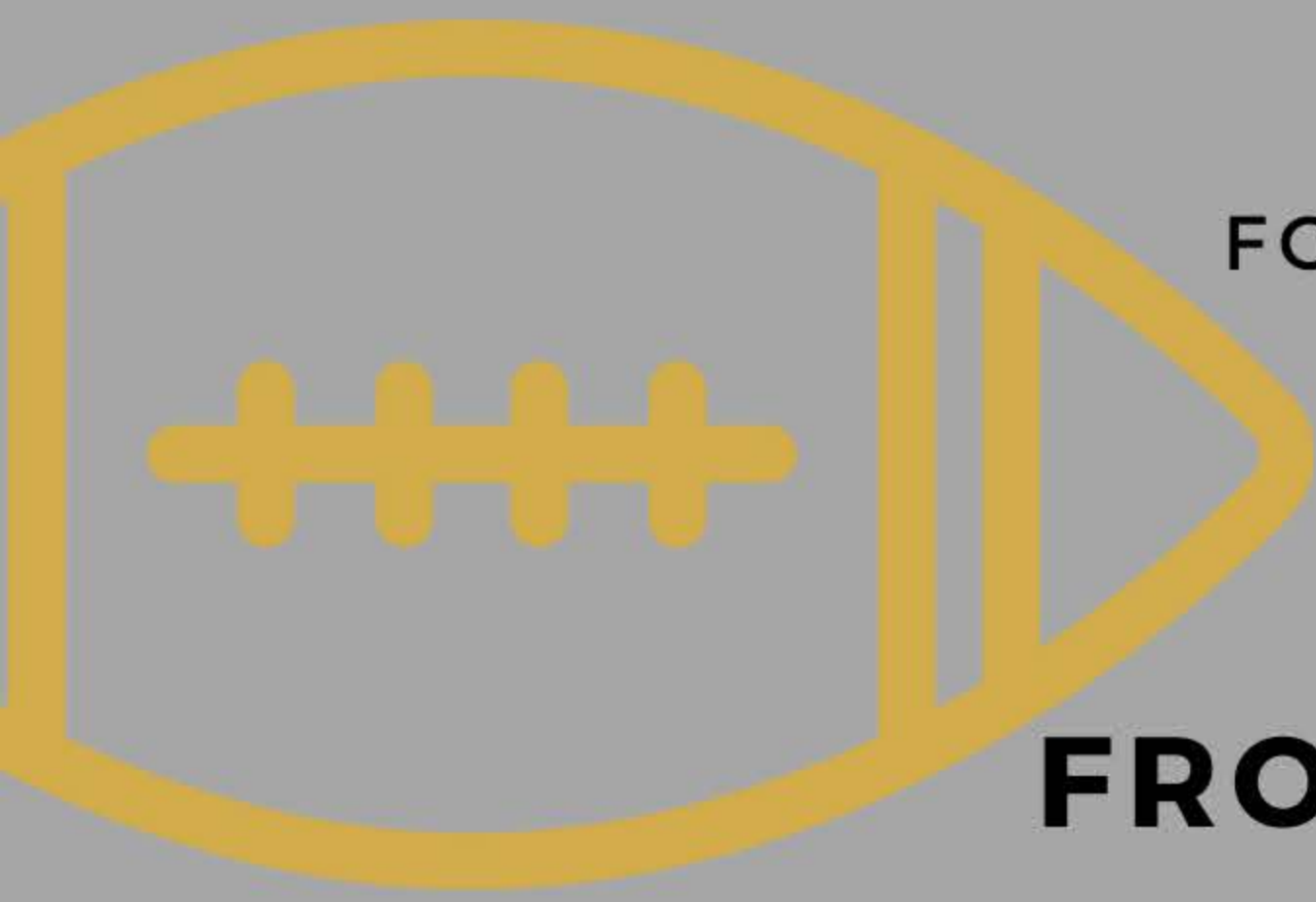
FVHS Football Field

**Price increases to \$150 June 1st

REGISTER NOW!



QUESTIONS - JMORADO@HBUHSD.EDU



FOUNTAIN VALLEY
FOOTBALL, A PROGRAM
WITH PRIDE AND
TRADITION.



FROSH FOOTBALL

IMPORTANT DATES C/O 2028

BARON BOOTCAMP- MAY 7TH-MAY 29TH-

VARSITY FIELD

TUESDAY 4:00 PM-6:30 PM

WEDNESDAY 5:30 PM-6:30 PM



SUMMER FOOTBALL PRACTICE-

JULY 8TH-JULY 26TH

1:00P-4:00P

17816 BUSHARD ST FOUNTAIN VALLEY, CA

92708

EMAIL US:

INCOMING 9TH GRADE STUDENT-

MKRAL@HBUHSD.EDU

DGUTIERREZ@HBUHSD.EDU

FOUNTAIN VALLEY HIGH SCHOOL

GIRL'S BASKETBALL

2024 SUMMER CAMP

DATES: JULY 1-31 MON-SAT (SAT OPTIONAL SAND TRAINING)

TIME: 3:00PM-4:30PM (TILL 5:30PM ON WEIGHTROOM DAYS)

COST: \$315/PLAYER

FOR ALL INCOMING
FRESHMEN AND CURRENT
FVHS GIRL'S BASKETBALL
PLAYERS

FOR MORE INFO, CONTACT:

COACH CAM

CHAMAGUCHI@HBUHSD.EDU

OR

COACH IZZY

IOM@HBUHSD.EDU

INCLUDED:

- ON-COURT SKILLS DEVELOPMENT
- STRENGTH AND CONDITIONING
- OPTIONAL SAND TRAINING
- 4 SUMMER LEAGUE GAMES + SCRIMMAGES
- 2 T-SHIRTS AND A PRACTICE JERSEY



FV

**FOUNTAIN VALLEY
GIRLS SOCCER**

Summer Camp

AND OFFICIAL GIRLS SOCCER TRYOUT

AUGUST 12TH - 15TH

MONDAY - THURSDAY - 1:00PM TO 3:00PM

@ FVHS TURF FIELD

Come join us for 4 days of technical and tactical training, team building, and fun!

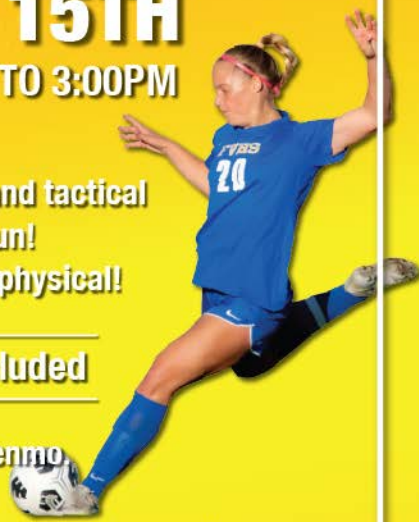
All participants must have a sports physical!

\$175 Nike Dri Fit included

Payment can be made through Venmo

@fvhsgirlssoccer

****Please add your players name with your Venmo payment.****



**EMAIL COACH SMITH WITH QUESTIONS
asmith@hbuhd.edu**

Join us at the 2024

FVHS Girls Volleyball Summer Camp

[Click the link to Register](#)



7/22-7/25: 10:00am-11:30am

7/29-8/01: 10:00am-11:30am

Tryouts: 8/02: 10:00-11:30am

INCOMING FRESHMEN/ NEW PLAYERS
PARTICIPANTS MUST COMPLETE THE
FOLLOWING IN ORDER TO ATTEND:

- CREATE A PROFILE ON HOMECAMPUS.COM
- HAVE A CURRENT PHYSICAL
- COMPLETE IMPACT/ CUNCUSSION TEST
INFO FOUND AT FVATHLETICS.COM

CONTACT: RCHELTENHAM@HBUHSD.EDU
IF YOU HAVE ANY QUESTIONS

CAMP FEE: \$250





Barons Softball Summer Camp Information

Camp will be Held August 13th to 15thth from 10am to 1pm.

Camp will be held at Fountain Valley High School on the Varsity Field.

We will focus on Fundamentals of fielding both infield and outfield, Hitting and base running. Girls will need all their equipment every day.

If we can get something scheduled, we may play a game.

Cost is \$150.00

Please make sure your player brings enough water for the 3 hours.

Any questions please contact Coach Aldrich – email raldrichjr@hbuhd.edu

FUHS Summer Surf Camps



Camp 1. *Intermediate and above (can paddle into waves on their own, navigate a crowded lineup and surf down the line in most conditions)*

8x Wednesday/Friday mornings in July 6:30-8:30 am

*Summer school days will end at 7:30

Location: Tower 9 Magnolia St

Dates are 7/3*, 7/5, 7/10*, 7/12, 7/17, 7/19, 7/24, 7/26

What to expect: Filming and feedback, Turning drills and practice, On the beach coaching

Camp 2. *Very beginner - low intermediate (very little or no experience, comfortable only in a few conditions, primarily riding whitewater, must be water safe)*

Wednesday through following Tuesday (weekdays only)

7:30-11:00 am

Brookhurst St, Tower 2 HB state beach "river jetties"

Dates are 8/14-20

What to expect: Learning to read waves and build comfort in the ocean, paddling technique, pop up practice, beginning turns and more, Filming and feedback

Recommendation for complete beginners - 1 week at [Banzai Surf School](#)

Cost for either camp is \$150

Questions? Contact Coach Battig at LBattig@HBUHSD.edu

FOUNTAIN VALLEY HIGH SCHOOL

SUMMER

Swim Camp

JULY 8TH - AUGUST 8TH

MONDAY - THURSDAY

8:00 - 9:30 AM

OPEN TO 8TH - 12TH GRADERS

\$240 PER SWIMMER

JOIN NOW!

Registration:
nwilcox@hbuhsd.edu





TRACK & FIELD

SUMMER CAMP

FOUNTAIN VALLEY BARONS



Who: Boys & Girls

Dates: July 5th – Aug 16th

Days: Tuesday-Wednesday-Friday

Time: 2:00pm – 4:30pm

Location: FVHS Track

Cost: \$125

No pre-registration required, just attend the first day of camp.

Camp members will learn principles of biomechanics, participate in high level aerobic conditioning, and will be guided through plyometric exercises. The skills and techniques necessary to be successful in track and field will also be emphasized. Come and experience focused practices that will challenge and bring the best out of you! Athletes who wish to run track and field at Fountain Valley are strongly encouraged to attend.

Sport: Track and Field

Location: FVHS Track

Equipment: Athletic clothing, running shoes

What to bring: Water, granola bar, or a small snack

Email: bbivens@hbuhsd.edu Contact Phone: (714) 356-4386

TRACK & FIELD

