

# Fountain Valley H.S. Athletics Online

## Clearance Instructions

All athletes/band/dance must submit their emergency information and sign the clearance forms online for each sport/activity they participate in. Please make sure you check each sport your student plays...Please do not check all sports; pick only the ones your child will try out for.

**Returning Athletes: DO NOT** create another account. You only need to switch school years!

STEP 1: Go to [www.homecampus.com](http://www.homecampus.com) and click "For Students and Parents", then click "CA"

**RETURNING ATHLETES:** Go to Step 3

STEP 2: **INCOMING ATHLETES** - Register for your account (you will need to remember your login.... you will do this for every sport/activity your child participates in while they are a student at Fountain Valley High School)

STEP 3: Log in using the email address that you registered in STEP 2

STEP 4: Select "Start Clearance Here"

STEP 5: Choose school year 2026/27 **\*\*Very important that the correct year is chosen\*\***

STEP 6: Choose Fountain Valley (CIF/SS)

STEP 7: Choose the sports/activities your child will participate in

STEP 8: Fill out all information (student information – legal name and ID #, education history, medical history)

STEP 9: Read all forms - online signatures on all forms **are required by parent/guardian and student**

***STEP 10: You will upload your completed Physical on the 'Files' page. All physicals will be kept electronically (please keep your copy). The physical date will be noted on your profile. You must have a completed physical on file to be able to participate in summer camp, try-out, or compete in any CIF contest.***

STEP 11: You will be emailed a confirmation page to print out and sign. **Student will bring this confirmation page to Activities (Not to Coaches!) on their sport-assigned clearance date.**

IMPORTANT NOTES: - Health Insurance requirement is a minimum coverage of \$1500.00 per Ed Code#32220-24. If you do not have health insurance, you can purchase school insurance by going to the following site: <https://www.myers-stevens.com/New/enrollment-page>. If you purchase school insurance, you must bring a receipt with the signed consent form on your assigned clearance date - Physical must be uploaded to the Athlete's Home Campus profile. ImPACT concussion testing must be completed online. Once your child has created their Home Campus profile ([www.homecampus.com](http://www.homecampus.com)), uploaded their physical, turned in payments, and completed the ImPACT testing online, they will be ready to be cleared.

# ImPACT Testing - Online

For the 2025/2026 school year, all athletes/band/dance will complete ImPact baseline testing online at home.

What is Impact Testing?

- Impact Testing is a tool used by schools, universities, and sports teams to test and determine a concussion baseline score for individual athletes
- The test itself is about 20 minutes long and analyzes things like short and long-term memory, reaction speeds, and other cognitive skills
- If an athlete sustains a concussion during a sports season, they are required to take a “Post Injury” Impact test. The computer system will compare the baseline to the post-injury test to ensure that the athlete has returned to normal brain functioning before he or she returns to play

## DIRECTIONS

STEP 1: Please take your test in a quiet environment on a computer

STEP 2: Go to: [impacttestonline.com/testing](http://impacttestonline.com/testing)

STEP 3: Type in the Customer Code: xy2ty25u8q (all lowercase)

STEP 4: Carefully select FOUNTAIN VALLEY HIGH SCHOOL

STEP 5: Launch “Baseline”

STEP 6: Follow instructions and complete the test

IMPORTANT NOTES: - Make your best judgment for height and weight, it does not need to be exact - Enter all Demographics - Input all information asked of you as accurately as possible.

When you are finished taking your test, you do not need to print a receipt.

If you need to retake it for any reason, Roger Holmes (Athletic Director) will communicate with you and your coach.